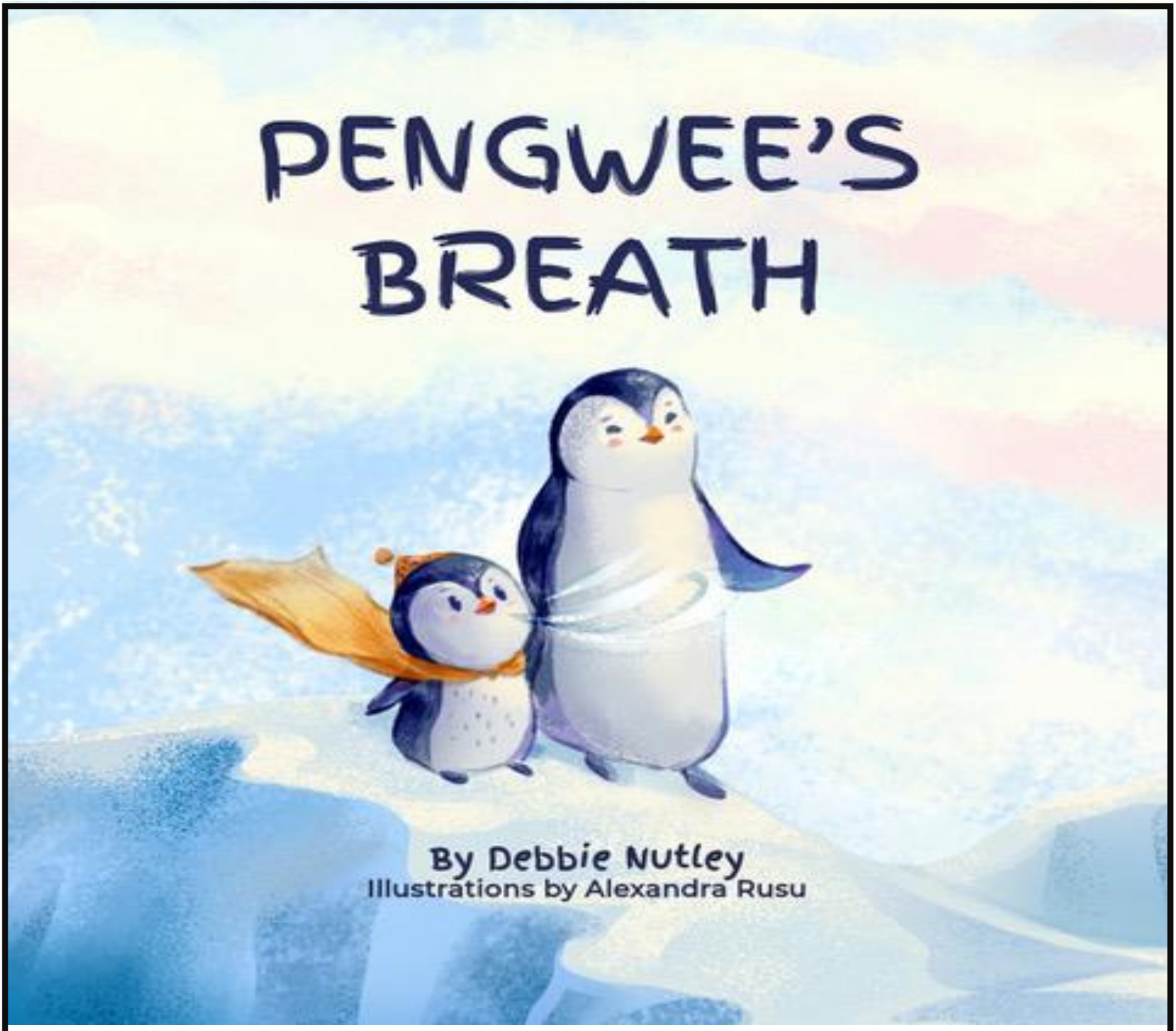
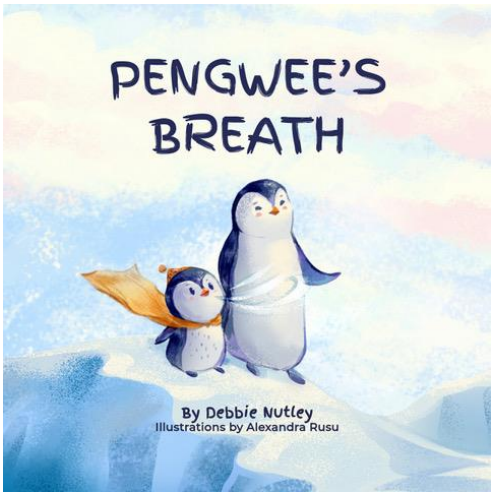


EDUCATIONAL TEACHING GUIDE

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

PENGWEE'S BREATH TEACHING GUIDE



ABOUT THE BOOK

As Pengwee prepares for a fun packed day at the Ice Festival, he is both excited and a little anxious. Thinking about big rides makes Pengwee feel like there are snowstorms in his tummy and clouds in his head. And the biggest ride of all is the Ice Monster, which Pengwee's best friend Ruby wants Pengwee to ride with her. Through Pengwee's adventure in overcoming his fears, children learn that simple breathing techniques can change the way they experience the world. Basic concepts of mindfulness for kids and breathing techniques to calm children.

ABOUT THE AUTHOR

DEBBIE NUTLEY

Debbie Nutley is a yogi and writer who loves kids. She began a personal path of yoga and meditation out of curiosity, and it soon became a lifestyle. Debbie became a certified meditation instructor and then turned her focus to young minds, becoming trained to teach mindfulness to children.

PRE-READING ACTIVITIES

Before reading *Pengwee's Breath* consider the following activities to engage your readers.

1. Take a picture walk of the story, flipping each page and pointing out the illustrations. Encourage students to predict what will happen in the story.
2. Host a class-wide discussion about the title. Why did the author choose that title? What might we be reading about?
3. Create a mind map to record what students already know about breathing strategies.

RESOURCES DESIGNED BY: the sunny side

TABLE OF CONTENTS

PRINTING REFERENCE GUIDE

EDUCATIONAL ACTIVITIES GUIDE..... P. 4-6
SOCIAL / EMOTIONAL ACTIVITY..... P. 7-8
SOCIAL / EMOTIONAL ACTIVITY..... P. 9-10
SOCIAL / EMOTIONAL ACTIVITY..... P. 11-12
SCIENCE ACTIVITY..... P. 13-22
WRITING ACTIVITY..... P. 23-26
ENGLISH LANGUAGE ARTS ACTIVITY..... P. 27-30
ENGLISH LANGUAGE ARTS ACTIVITY..... P. 31-34
ART ACTIVITY..... P. 35-37
CREDITS..... P. 38-39

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

EDUCATIONAL ACTIVITIES

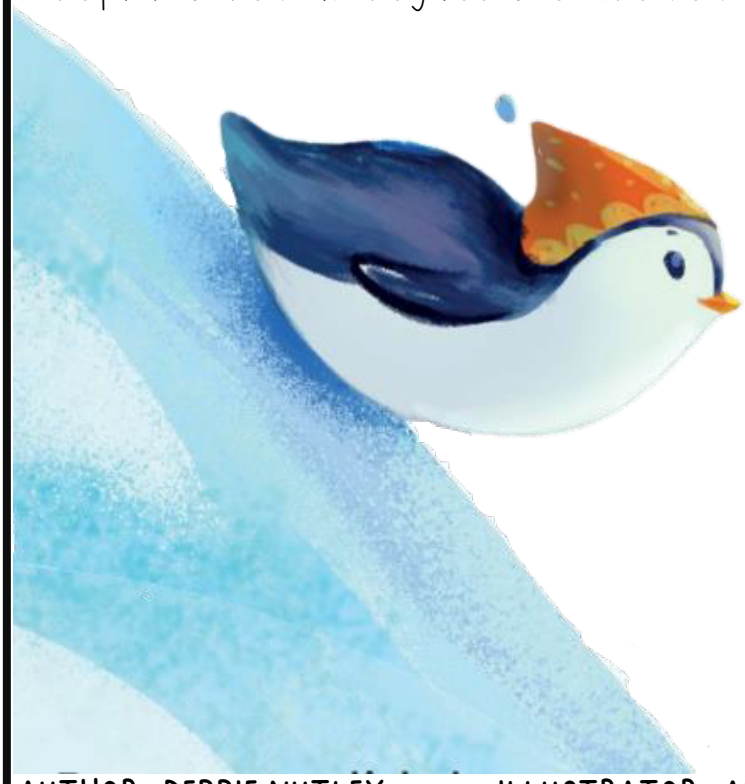
Pengwee's Breath is a tender-hearted picture book that explores social-emotional themes. The inquiry-driven activities in this guide apply to a variety of content areas and educational standards. They may be used for a range of learners and are aligned to the CCSS.

SOCIAL / EMOTIONAL

BELLY BREATHING

Target Grade Range: Pre-K – 5th Grade

Debbie Nutley teaches us all about how to calm your self when you're feeling overwhelmed through the power of breathing. Consider how Pengwee tackles his fears! Take this a step further by inviting students to practice a belly breathing exercise they can use in real life. This social-emotional activity allows learners to engage in a breathing exercise that will be helpful to them as they feel overwhelmed.



SOCIAL / EMOTIONAL

FINGER BREATHING

Target Grade Range: Pre-K – 5th Grade

Pengwee's Breath teaches readers an important lesson in coping with big feelings. In this social-emotional activity, students will learn another breathing exercise, but this time using their fingers and hands. This exercise promotes speaking and listening skills, while teaching children a strategy for calming their nerves.

SOCIAL / EMOTIONAL

MINDFULNESS BINGO

Target Grade Range: Pre-K – 5th Grade

Students will explore mindfulness with this activity through a fun game of BINGO. First, define mindfulness with students. Then, they can practice with a fun game of BINGO. Each square on the BINGO board lists an activity that embraces mindfulness. As students complete boxes, they can mark off to keep track of their progress. Completing three boxes in a row (up and down, diagonally, or across) will allow them to earn a BINGO. Note: this activity may take longer than one class period.

EDUCATIONAL ACTIVITIES

Pengwee's Breath is a tender-hearted picture book that explores social-emotional themes. The inquiry-driven activities in this guide apply to a variety of content areas and educational standards. They may be used for a range of learners and are aligned to the CCSS.

SCIENCE

PENGUIN RESEARCH FLIPBOOK

Target Grade Range: Pre-K – 5th Grade

Science activities are engaging ways to provide students with authentic experiences that challenge them. In this research project, students will have the opportunity to learn a little more about penguins. Encourage students to research with technology or non-fiction books to complete this interactive penguin flip-book. Complete with an answer key, this science activity allows students the chance to learn more about real-life penguins.

ENGLISH LANGUAGE ARTS

CHARACTER FEELINGS

Target Grade Range: Pre-K – 5th Grade

Pengwee feels a range of emotions from beginning to end. This English / Language Arts activity encourages students to think about the main character Pengwee and how he feels in the beginning, middle, and end. Students can get in the habit of using evidence to support their thinking – an important test taking skill. The graphic organizers have differentiated lined paper, appropriate for students in a range of grade levels.

WRITING

BRAVERY PROMPT

Target Grade Range: Pre-K – 5th Grade

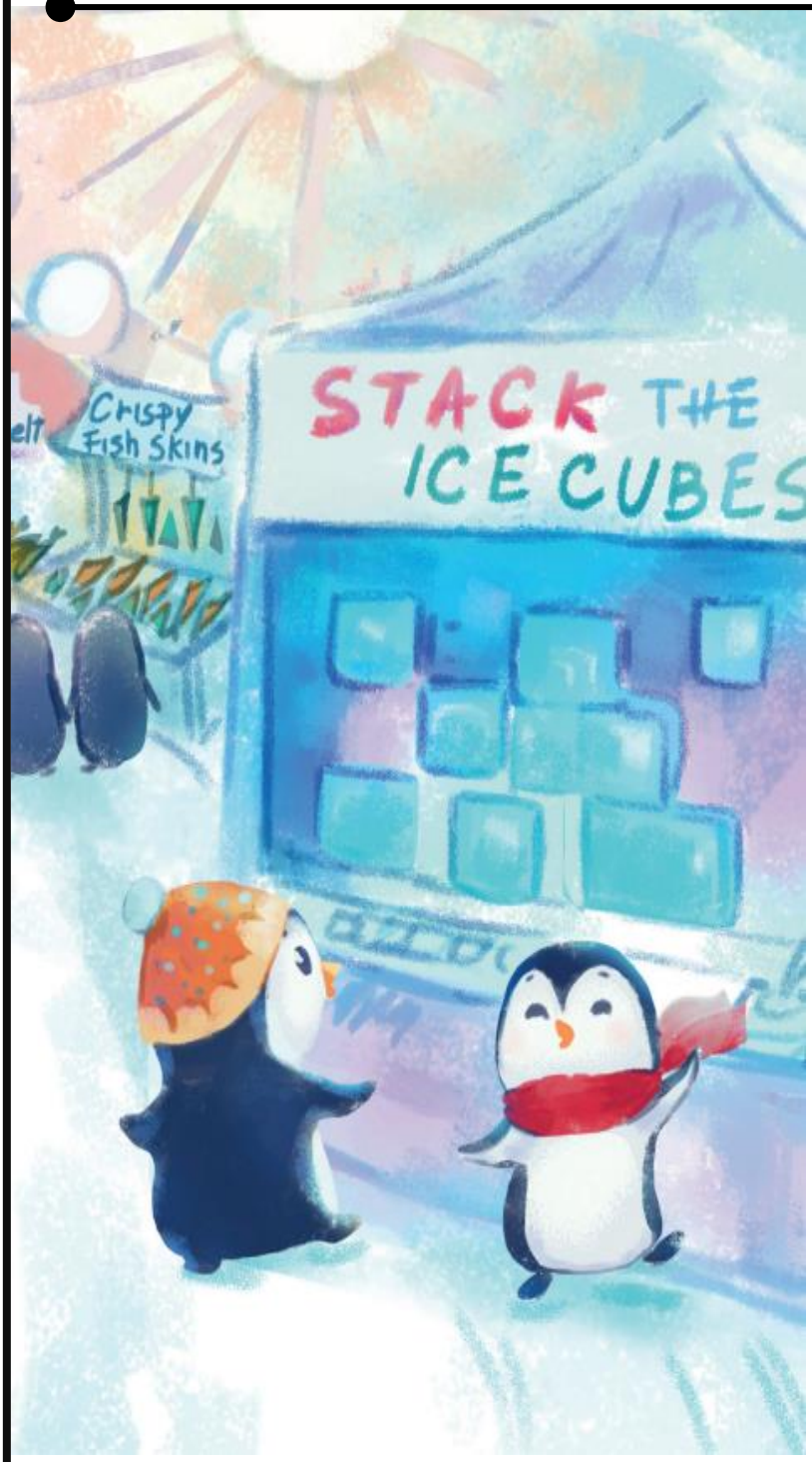
Drive home the importance of bravery with this activity. In this writing exercise, students will consider Pengwee's strength and bravery. Then, they'll reflect on a time when they were brave. First, brainstorm examples from the text that show Pengwee's bravery. Then, allow students an opportunity to creatively explore their own experiences. The graphic organizers have differentiated lined paper, appropriate for students in a range of grade levels.

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

EDUCATIONAL ACTIVITIES

Pengwee's Breath is a tender-hearted picture book that explores social-emotional themes. The inquiry-driven activities in this guide apply to a variety of content areas and educational standards. They may be used for a range of learners and are aligned to the CCSS.



ENGLISH LANGUAGE ARTS

PROBLEM & SOLUTION

Target Grade Range: Pre-K – 5th Grade

In *Pengwee's Breath*, Pengwee experiences a clear problem in the story. As with any story, every problem has a solution. Explore Pengwee's problem and how he solves it with this English / Language Arts activity. Students can add a fun picture to go along with their thoughts, using their favorite art supply. The graphic organizers have differentiated lined paper, appropriate for students in a range of grade levels.

ART

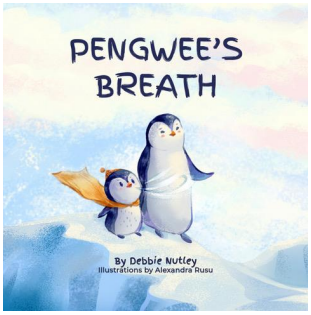
PENGWEE COLORING PAGES

Target Grade Range: Pre-K – 5th Grade

What better way to celebrate this amazing story than with an art project? Have students use their favorite art supply to color fun illustrations from the story!

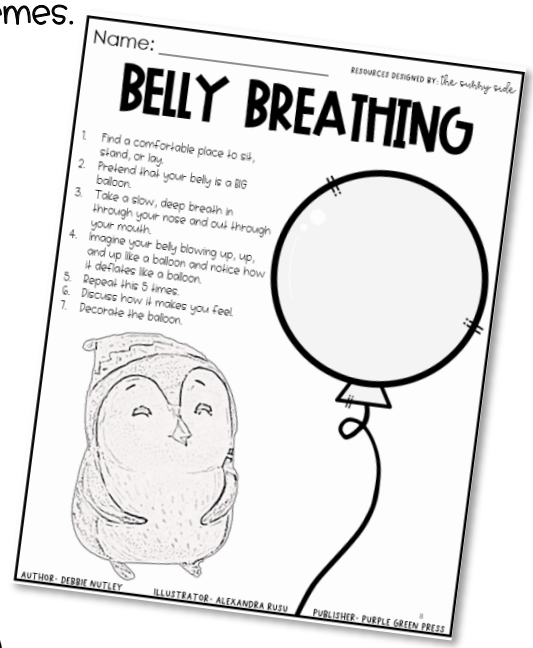
RESOURCES DESIGNED BY: the sunny side

SOCIAL / EMOTIONAL ACTIVITY



BELLY BREATHING

The following lesson works well to teach social-emotional concepts including self-regulation and self-awareness themes.


Name: _____

RESOURCES DESIGNED BY: the sunny side

BELLY BREATHING

1. Find a comfortable place to sit, stand, or lay.
2. Pretend that your belly is a BIG balloon.
3. Take a slow, deep breath in through your nose and out through your mouth.
4. Imagine your belly blowing up, up, and up like a balloon and notice how it deflates like a balloon.
5. Repeat this 5 times.
6. Discuss how it makes you feel.
7. Decorate the balloon.

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Standards:

CCSS.ELA-LITERACY.SL.K.1
CCSS.ELA-LITERACY.SL.1.1
CCSS.ELA-LITERACY.SL.2.1
CCSS.ELA-LITERACY.SL.3.1
CCSS.ELA-LITERACY.SL.4.1
CCSS.ELA-LITERACY.SL.5.1

You will need:

- White or colored copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)

Step by step to do list:

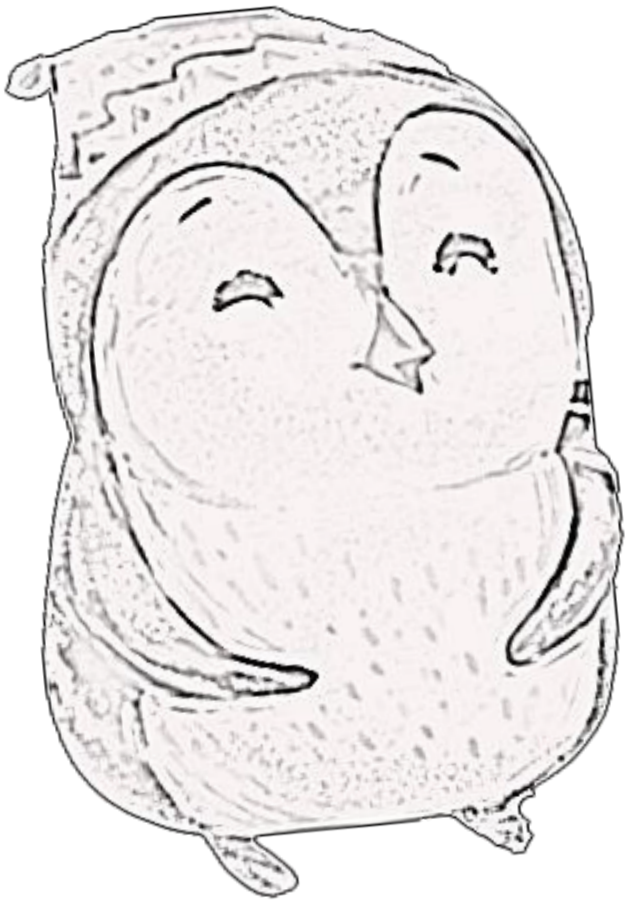
1. Copy the belly breathing page on white copy paper.
2. Practice belly breathing with students using the step-by-step numbered list on how to belly breathe (see below).
3. Find a comfortable place to sit, stand, or lay.
4. Pretend that your belly is a BIG balloon.
5. Take a slow, deep breath in through your nose and out through your mouth.
6. Imagine your belly blowing up, up, and up like a balloon and notice how it deflates like a balloon.
7. Encourage students to repeat the belly breathing exercise 5 times before discussing how it made them feel and prior to coloring the balloon.

RESOURCES DESIGNED BY: the sunny side

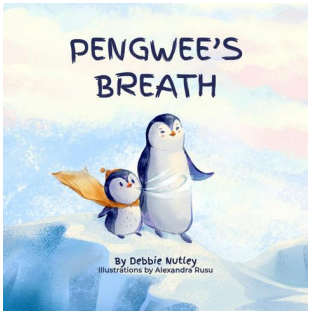
Name: _____

BELLY BREATHING

1. Find a comfortable place to sit, stand, or lay.
2. Pretend that your belly is a BIG balloon.
3. Take a slow, deep breath in through your nose and out through your mouth.
4. Imagine your belly blowing up, up, and up like a balloon and notice how it deflates like a balloon.
5. Repeat this 5 times.
6. Discuss how it makes you feel.
7. Decorate the balloon.

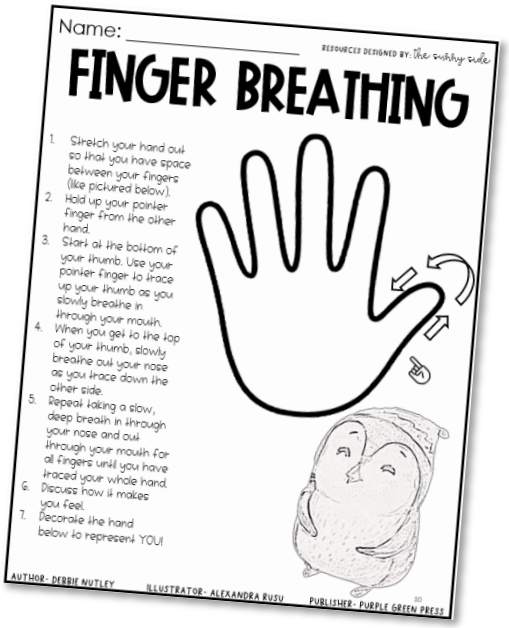


SOCIAL / EMOTIONAL ACTIVITY



FINGER BREATHING

The following lesson works well to teach social-emotional concepts including self-regulation and self-awareness themes.


Name: _____

RESOURCES DESIGNED BY: the sunny side

FINGER BREATHING

1. Stretch your hand out so that you have space between your fingers (like pictured below).
2. Hold up your pointer finger from the other hand.
3. Start at the bottom of your thumb. Use your pointer finger to trace up your thumb as you slowly breathe in through your mouth.
4. When you get to the top of your thumb, slowly breathe out your nose as you trace down the other side.
5. Repeat taking a slow, deep breath in through your nose and out through your mouth for all fingers until you have traced your whole hand.
6. Discuss how it makes you feel.
7. Decorate the hand below to represent YOU!

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Standards:

CCSS.ELA-LITERACY.SL.K.1
CCSS.ELA-LITERACY.SL.1.1
CCSS.ELA-LITERACY.SL.2.1
CCSS.ELA-LITERACY.SL.3.1
CCSS.ELA-LITERACY.SL.4.1
CCSS.ELA-LITERACY.SL.5.1

You will need:

- White or colored copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)

Step by step to do list:

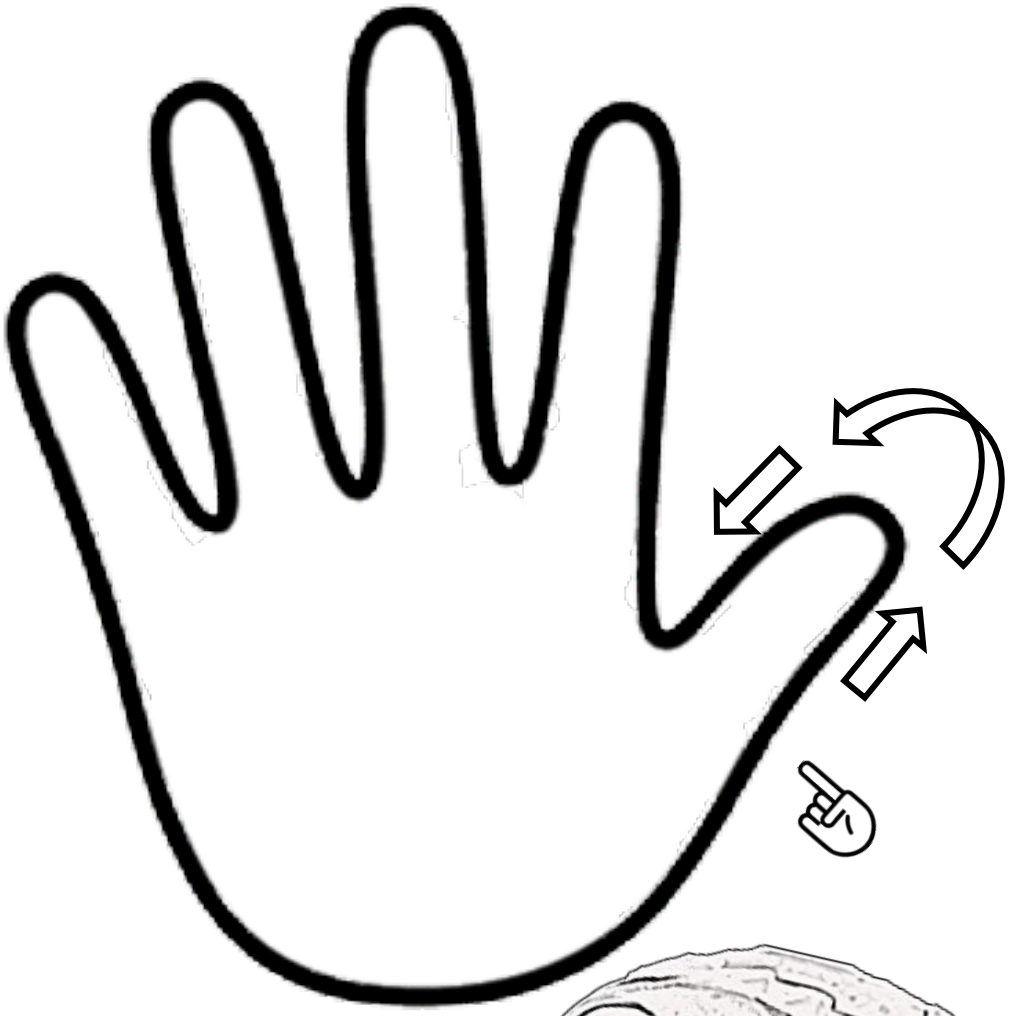
1. Copy the finger breathing page on white copy paper.
2. Practice finger breathing with students using the step-by-step numbered list on how to finger breathe (see below).
3. Stretch your hand out so that you have space between your fingers.
4. Hold up your pointer finger from the other hand.
5. Start at the bottom of your thumb. Use your pointer finger to trace up your thumb as you slowly breathe in through your mouth.
6. When you get to the top of your thumb, slowly breathe out your nose as you trace down the other side.
7. Repeat taking a slow, deep breath in through your nose and out through your mouth for all fingers until you have traced your whole hand.
8. Encourage students to repeat the belly breathing exercise 5 times before discussing how it made them feel and prior to coloring the hand in a way that represents them.

RESOURCES DESIGNED BY: the sunny side

Name: _____

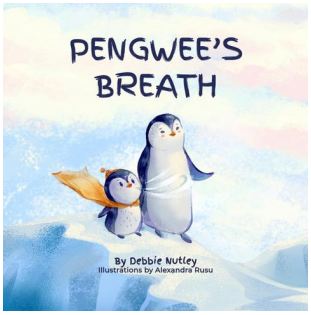
FINGER BREATHING

1. Stretch your hand out so that you have space between your fingers (like pictured below).
2. Hold up your pointer finger from the other hand.
3. Start at the bottom of your thumb. Use your pointer finger to trace up your thumb as you slowly breathe in through your nose.
4. When you get to the top of your thumb, slowly breathe out your mouth as you trace down the other side.
5. Repeat taking a slow, deep breath in through your nose and out through your mouth for all fingers until you have traced your whole hand.
6. Discuss how it makes you feel.
7. Decorate the hand below to represent YOU!



AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

SOCIAL / EMOTIONAL ACTIVITY



MINDFULNESS BINGO

The following lesson works well to teach social-emotional concepts including self-regulation and self-awareness themes.

Name: _____

MINDFULNESS BINGO!

Practice mindfulness by challenging yourself to complete 3 boxes in a row (across, up and down, or diagonally). Reward yourself with a special treat when you get a BINGO and try again!

Notice something around you that makes you smile.	Make someone laugh.	Give someone a compliment.
Find something that smells good.	**FREE SPACE**	Tell a friend how you're feeling right now.
Help a family member or a friend.	Find something that is your favorite color.	Listen to a song you love.

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Standards:

CCSS.ELA-LITERACY.SL.K.1
CCSS.ELA-LITERACY.SL.1.1
CCSS.ELA-LITERACY.SL.2.1
CCSS.ELA-LITERACY.SL.3.1
CCSS.ELA-LITERACY.SL.4.1
CCSS.ELA-LITERACY.SL.5.1

You will need:

- White or colored copy paper
- Pencils

Step by step to do list:

1. Copy the mindfulness BINGO on white or colored copy paper.
2. Review what mindfulness is to students (Mindfulness teaches us to notice what is happening in the present – including your senses, your emotions, and what your mind is doing).
3. Explain that each BINGO board has examples of was we can practice mindfulness and that the goal is to get as many BINGOs as possible by practicing these good habits.
4. Remind students that a BINGO is completing any 3 boxes in a row (across, up and down, or diagonally).
5. Encourage students to use a pencil to cross of boxes that they've completed.
6. Set an appropriate time frame for students to complete a BINGO by (NOTE: it may be difficult to complete a BINGO within a limited amount of time).
7. Finally, when time is up reflect on the success of the mindfulness exercises with students.

RESOURCES DESIGNED BY: the sunny side

Name: _____

MINDFULNESS BINGO!

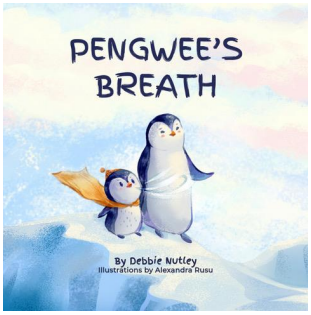
Practice mindfulness by challenging yourself to complete 3 boxes in a row (across, up and down, or diagonally). Reward yourself with a special treat when you get a BINGO and try again!

Notice something around you that makes you smile.	Go outside and count how many things you hear.	Notice how the air feels in your nose when you breathe.
Find something that smells.	**FREE SPACE**	Tell a friend how you're feeling right now.
Notice something new around you.	Find something that is your favorite color.	Listen to a song you love.

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

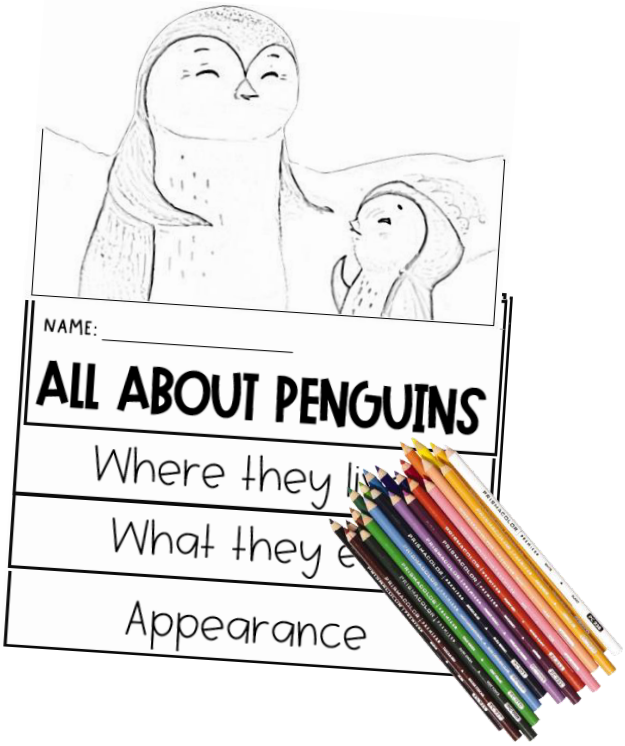
SCIENCE ACTIVITY

ALL ABOUT PENGUINS FLIPBOOK



Standards:

CCSS.ELA-LITERACY.W.K.7
CCSS.ELA-LITERACY.W.1.7
CCSS.ELA-LITERACY.W.2.7
CCSS.ELA-LITERACY.W.3.7
CCSS.ELA-LITERACY.W.4.7
CCSS.ELA-LITERACY.W.5.7



You will need:

- White copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)
- Stapler
- Scissors
- Glue stick

Step by step to do list:

1. Decide which differentiated flipbook pages work best for your students.
2. Copy the flipbook pieces on white or colored copy paper (copying the pages as a stapled packet works best).
3. Have students cut around the solid black lines of each flipbook page.
4. Explain that students will research and write about penguins.
5. Students will write and respond to the above prompts on each flipbook page.
6. Have students stack the flipbook pages in order with the All About Penguins title page on top.
7. Staple (or if your students are old enough have them staple) the pages together at the top.
8. Students should cut apart and decorate the illustration of Pengwee and his mother.
9. Then, glue the penguin illustration to the top of the flipbook.
10. After flipping through each step, you will read where penguins live, what they eat, and their appearance.

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

ANSWER KEY

ALL ABOUT PENGUINS FLIPBOOK

Penguins are mostly found in the Southern Hemisphere. Many penguins live in arctic habitats.

Where they live

A penguin's diet depends primarily on where they live. Most penguins eat squid, fish, and krill.

What they eat

Penguins have a small head, webbed feet, and an elongated body. Most penguins are black and white, but some are blue and white, and some have pink feet.

Appearance

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

ALL ABOUT PENGUINS FLIPBOOK

Directions:

1. Gather the flipbook pieces.
2. Cut around the solid, black line.
3. Research and write all about penguins – where they live, what they eat, and their appearance.
4. Stack the flipbook pages in order with the All About Penguins title page on top.
5. Have your teacher staple the pages together at the top.
6. Cut apart and decorate the Pengwee illustration.
7. Then, glue it to the top of your flipbook.

GLUE PENGUINS HERE

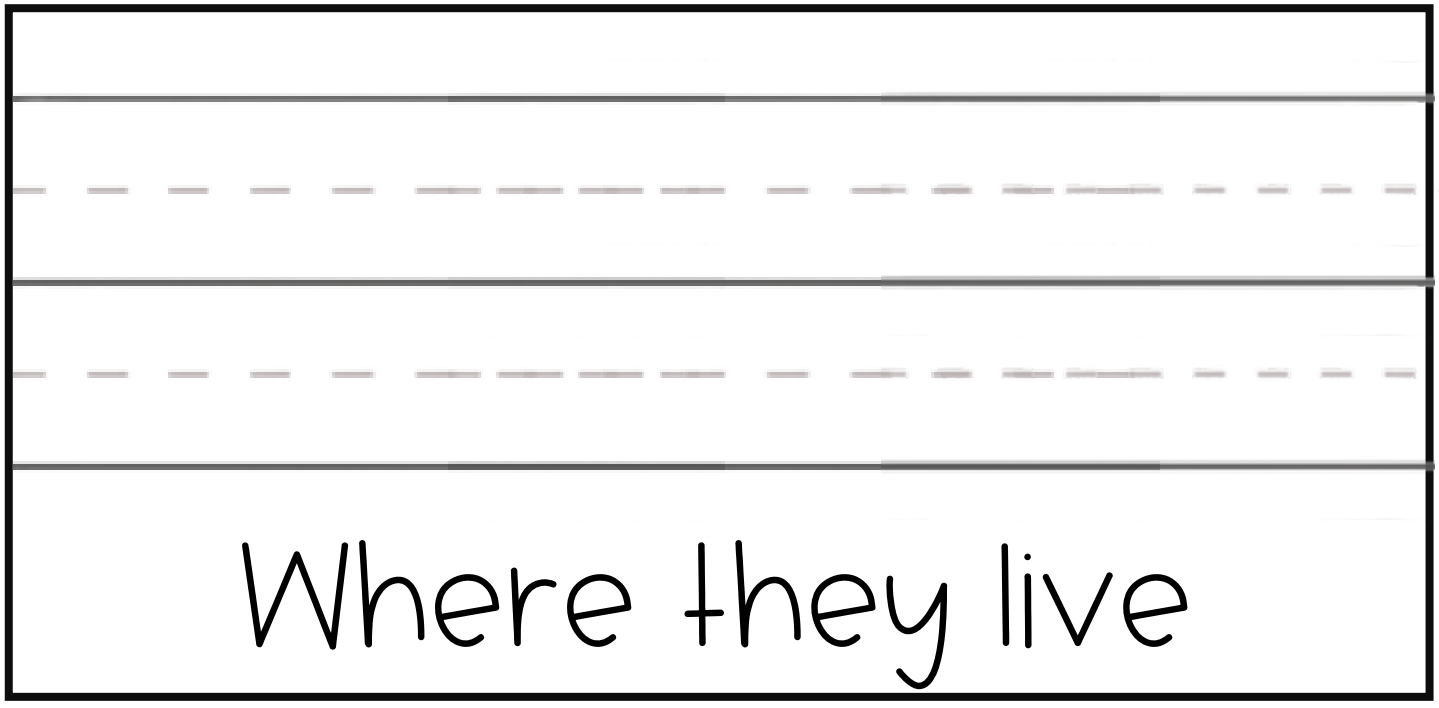
NAME: _____

ALL ABOUT PENGUINS

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

ALL ABOUT PENGUINS FLIPBOOK



RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

ALL ABOUT PENGUINS FLIPBOOK

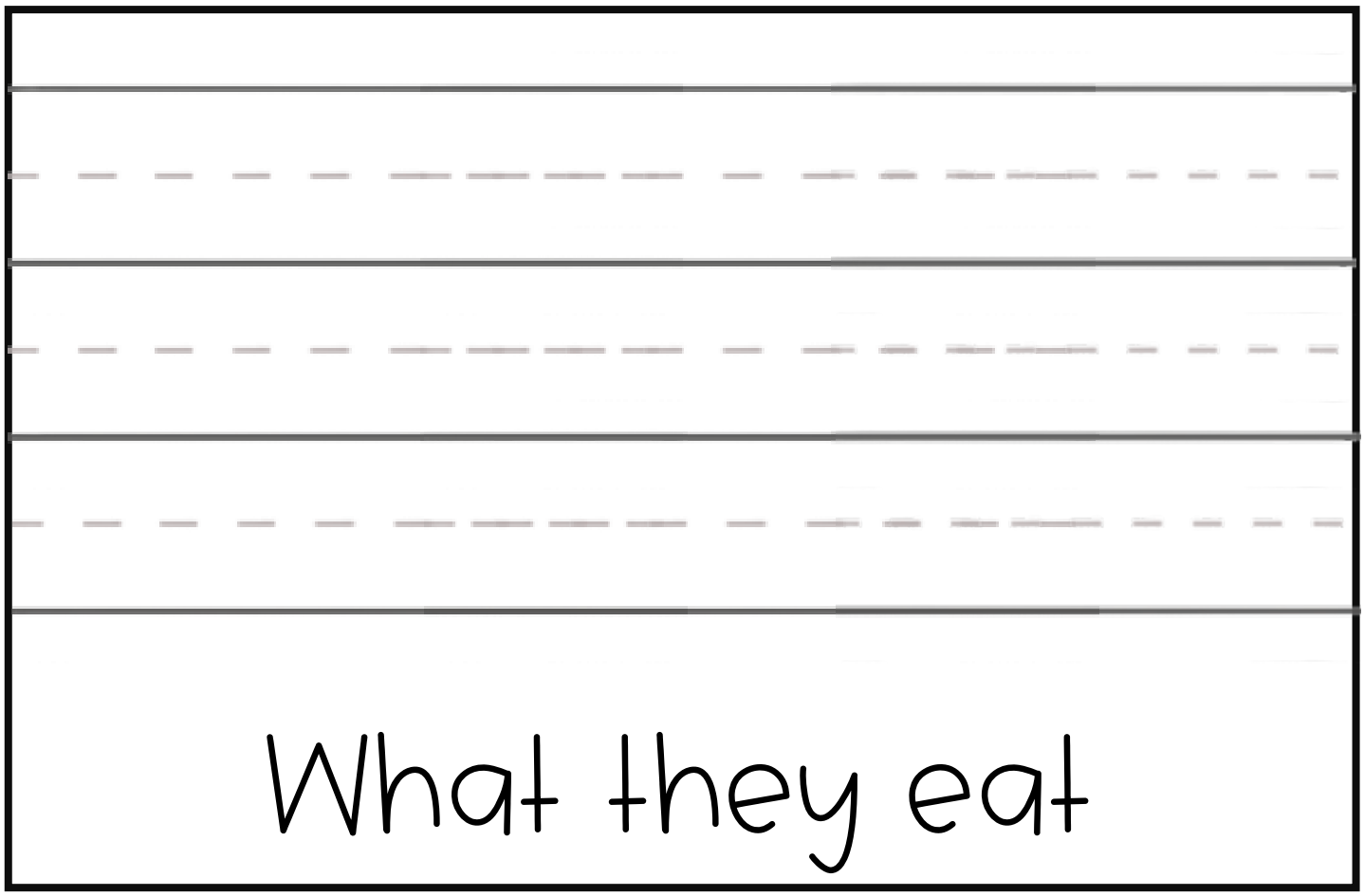
Where they live

Where they live

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

ALL ABOUT PENGUINS FLIPBOOK



RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

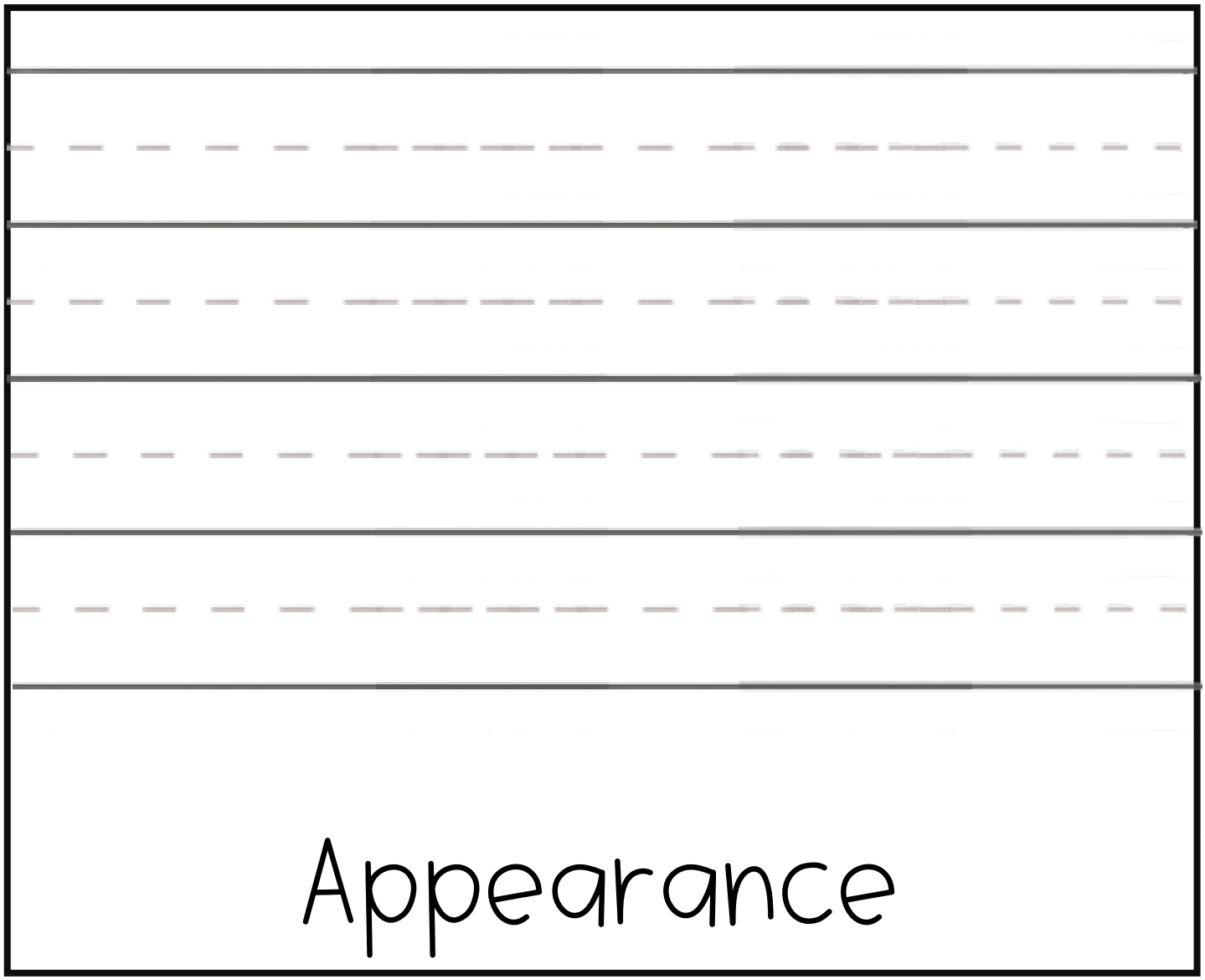
ALL ABOUT PENGUINS FLIPBOOK

What they eat

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

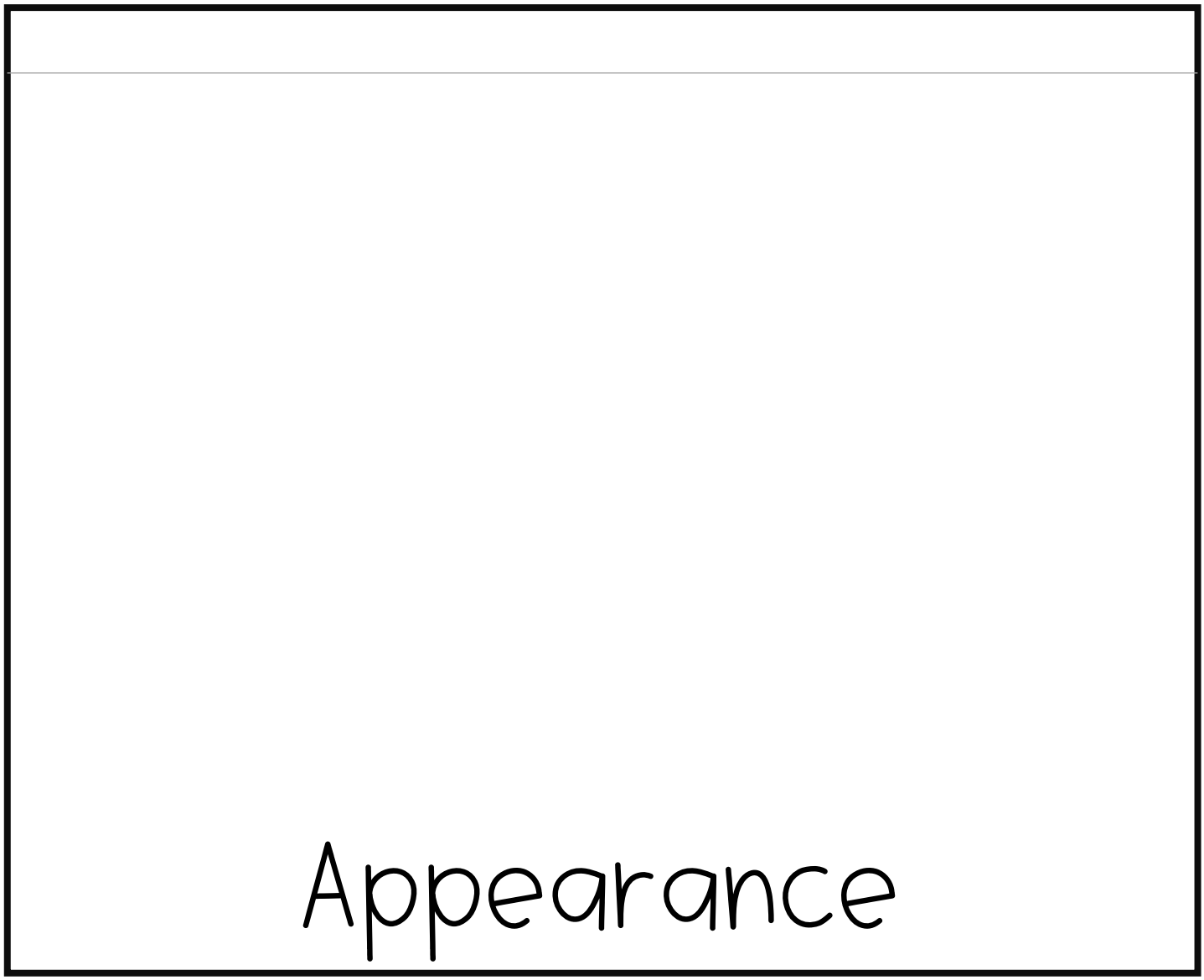
ALL ABOUT PENGUINS FLIPBOOK



RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

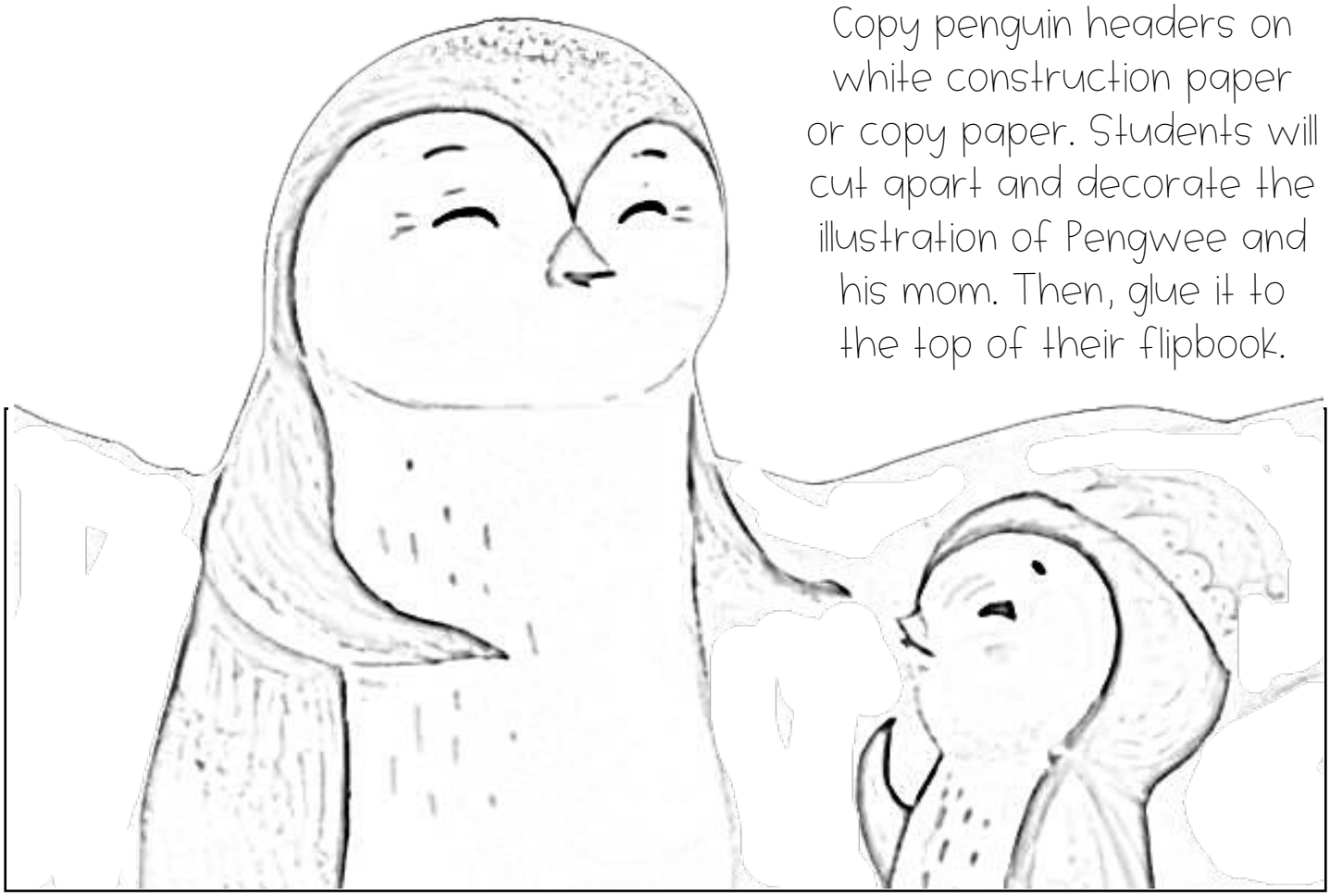
ALL ABOUT PENGUINS FLIPBOOK



RESOURCES DESIGNED BY: the sunny side

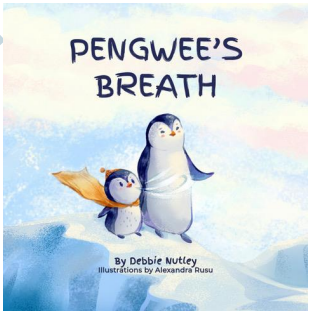
AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Copy penguin headers on white construction paper or copy paper. Students will cut apart and decorate the illustration of Pengwee and his mom. Then, glue it to the top of their flipbook.



WRITING ACTIVITY

BRAVERY PROMPT



The following lesson works well to teach social-emotional concepts including self-regulation and self-awareness themes.

Standards:

CCSS.ELA-LITERACY.W.K.8
CCSS.ELA-LITERACY.W.1.8
CCSS.ELA-LITERACY.W.2.8
CCSS.ELA-LITERACY.W.3.8
CCSS.ELA-LITERACY.W.4.8
CCSS.ELA-LITERACY.W.5.8

You will need:

- White copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)

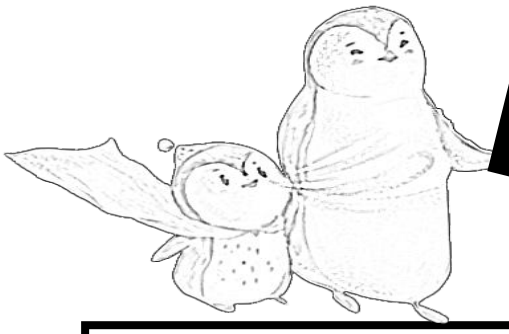
Step by step to do list:

1. Decide which differentiated graphic organizers and writing paper works best for your students and copy on white paper.
2. Discuss the following prompts: When was Pengwee brave? How did he feel? Think about a time when you were brave. How did it make you feel? Where in your body did you feel it?
3. Use the white board to keep track of discussion notes for students to reference later.
4. Distribute the differentiated writing paper to students.
5. Students should write about a time that they were brave.
6. You can also conduct a shared writing activity, where you model how to write about a time when you were brave WITH students and have them copy your writing before trying it on their own.
7. Use the blank template for students to draw a picture that goes along with their writing. Younger students may simply draw instead of write.
8. Finally, have students share their writing with a friend or the class.

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

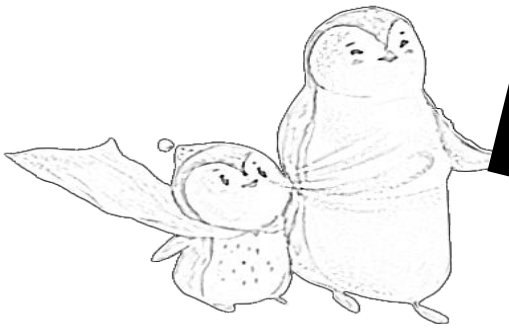
Name: _____



A TIME WHEN I WAS BRAVE...

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

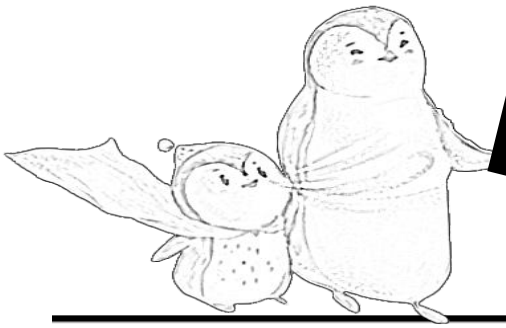
Name: _____



A TIME WHEN I WAS BRAVE...

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

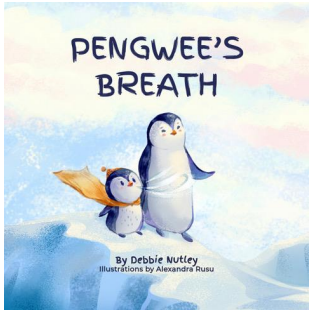
Name: _____



A TIME WHEN I WAS BRAVE...

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

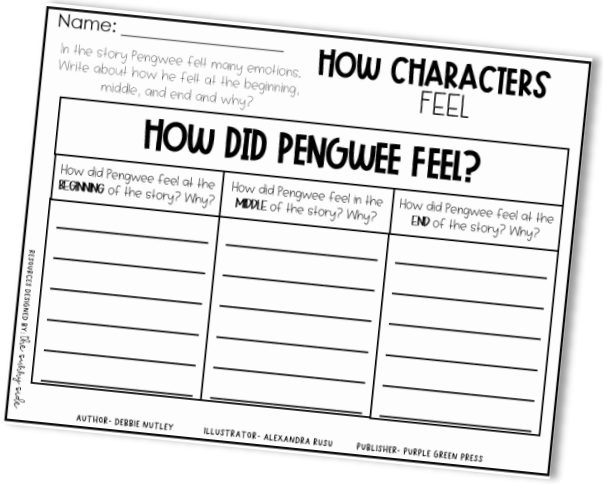
ENGLISH / LANGUAGE ARTS ACTIVITY



CHARACTER FEELINGS

Standards:

CCSS.ELA-LITERACY.RL.K.3
CCSS.ELA-LITERACY.RL.1.3
CCSS.ELA-LITERACY.RL.2.3
CCSS.ELA-LITERACY.RL.3.3
CCSS.ELA-LITERACY.RL.4.3
CCSS.ELA-LITERACY.RL.5.3


Name: _____

In the story Pengwee felt many emotions. Write about how he felt at the beginning, middle, and end and why?

HOW CHARACTERS FEEL

HOW DID PENGWEE FEEL?

How did Pengwee feel at the BEGINNING of the story? Why?	How did Pengwee feel in the MIDDLE of the story? Why?	How did Pengwee feel at the END of the story? Why?

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

You will need:

- White copy paper
- Pencils

Step by step to do list:

1. Decide which differentiated worksheets work best for your students.
2. Brainstorm with students how Pengwee's feeling in the beginning, middle, and end, using evidence from the text to support their thinking (e.g., if Pengwee is scared at the beginning, then the evidence from the story should show WHY Pengwee was scared).
3. Students should write how Pengwee was feeling in each box of the graphic organizer, using evidence from the story.
4. Allow students an opportunity to share with other students in class.
5. For younger students (2nd grade and younger) you may want to complete this activity as a whole group or use the graphic organizer with blank boxes for students to draw rather than write.

RESOURCES DESIGNED BY: the sunny side

Name: _____

HOW CHARACTERS FEEL

In the story Pengwee felt many emotions. Write about how he felt at the beginning, middle, and end and why?

HOW DID PENGWEE FEEL?

How did Pengwee feel at the **BEGINNING** of the story? Why?	How did Pengwee feel in the **MIDDLE** of the story? Why?	How did Pengwee feel at the **END** of the story? Why?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

HOW CHARACTERS FEEL

In the story Pengwee felt many emotions. Write about how he felt at the beginning, middle, and end and why?

HOW DID PENGWEE FEEL?

How did Pengwee feel at the **BEGINNING** of the story? Why?	How did Pengwee feel in the **MIDDLE** of the story? Why?	How did Pengwee feel at the **END** of the story? Why?

RESOURCES DESIGNED BY: the sunny side

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

HOW CHARACTERS FEEL

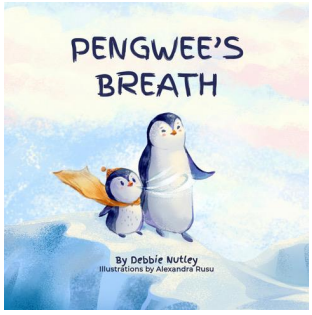
In the story Pengwee felt many emotions. Write or draw about how he felt at the beginning, middle, and end and why?

HOW DID PENGWEE FEEL?

How did Pengwee feel at the **BEGINNING** of the story? Why?	How did Pengwee feel in the **MIDDLE** of the story? Why?	How did Pengwee feel at the **END** of the story? Why?

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

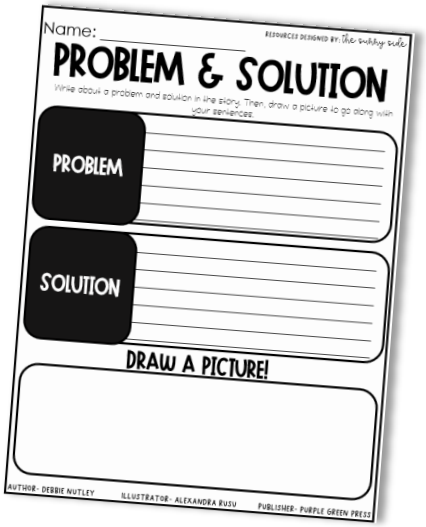
ENGLISH / LANGUAGE ARTS ACTIVITY



PROBLEM & SOLUTION

Standards:

CCSS.ELA-LITERACY.RL.K.1
CCSS.ELA-LITERACY.RL.1.1
CCSS.ELA-LITERACY.RL.2.1
CCSS.ELA-LITERACY.RL.3.1
CCSS.ELA-LITERACY.RL.4.1
CCSS.ELA-LITERACY.RL.5.1


Name:

RESOURCES DESIGNED BY: the sunny side

PROBLEM & SOLUTION

Write about a problem and solution in the story. Then, draw a picture to go along with your sentences.

PROBLEM

SOLUTION

DRAW A PICTURE!

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

You will need:

- White copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)

Step by step to do list:

1. Decide which differentiated worksheets work best for your students.
2. Brainstorm with students a problem that Pengwee encountered and how he solved that problem.
3. Students should write about Pengwee's problem, the solution to his problem, and then draw a picture to go along with their thoughts.
4. Allow students an opportunity to share with other students in class.
5. For younger students (2nd grade and younger) you may want to complete this activity as a whole group or use the graphic organizer with blank boxes for students to draw rather than write.

RESOURCES DESIGNED BY: the sunny side

Name: _____

PROBLEM & SOLUTION

Write about a problem and solution in the story. Then, draw a picture to go along with your sentences.

PROBLEM

SOLUTION

DRAW A PICTURE!

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

PROBLEM & SOLUTION

Write about a problem and solution in the story. Then, draw a picture to go along with your sentences.

PROBLEM

SOLUTION

DRAW A PICTURE!

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

PROBLEM & SOLUTION

Write about a problem and solution in the story. Then, draw a picture to go along with your sentences.

PROBLEM

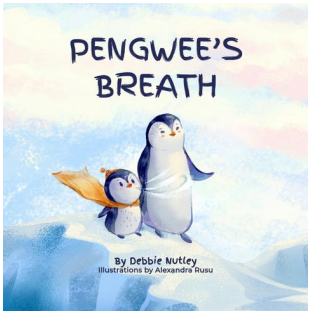
SOLUTION

DRAW A PICTURE!

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

ART ACTIVITY

PENGWEE COLORING PAGES



Standards:

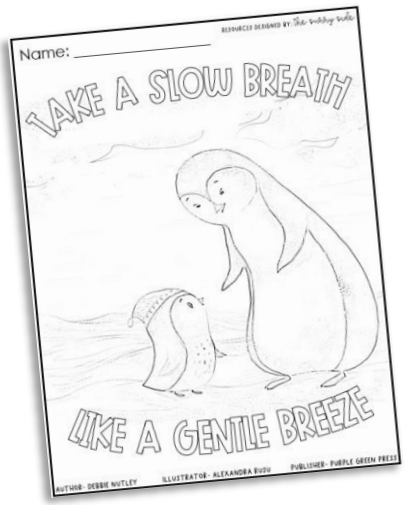
CCSS.ELA-LITERACY.SL.K.5
CCSS.ELA-LITERACY.SL.1.5
CCSS.ELA-LITERACY.SL.2.5
CCSS.ELA-LITERACY.SL.3.5
CCSS.ELA-LITERACY.SL.4.5
CCSS.ELA-LITERACY.SL.5.5

You will need:

- White copy paper
- Pencils
- Art supplies (crayons, colored pencils, markers)

Step by step to do list:

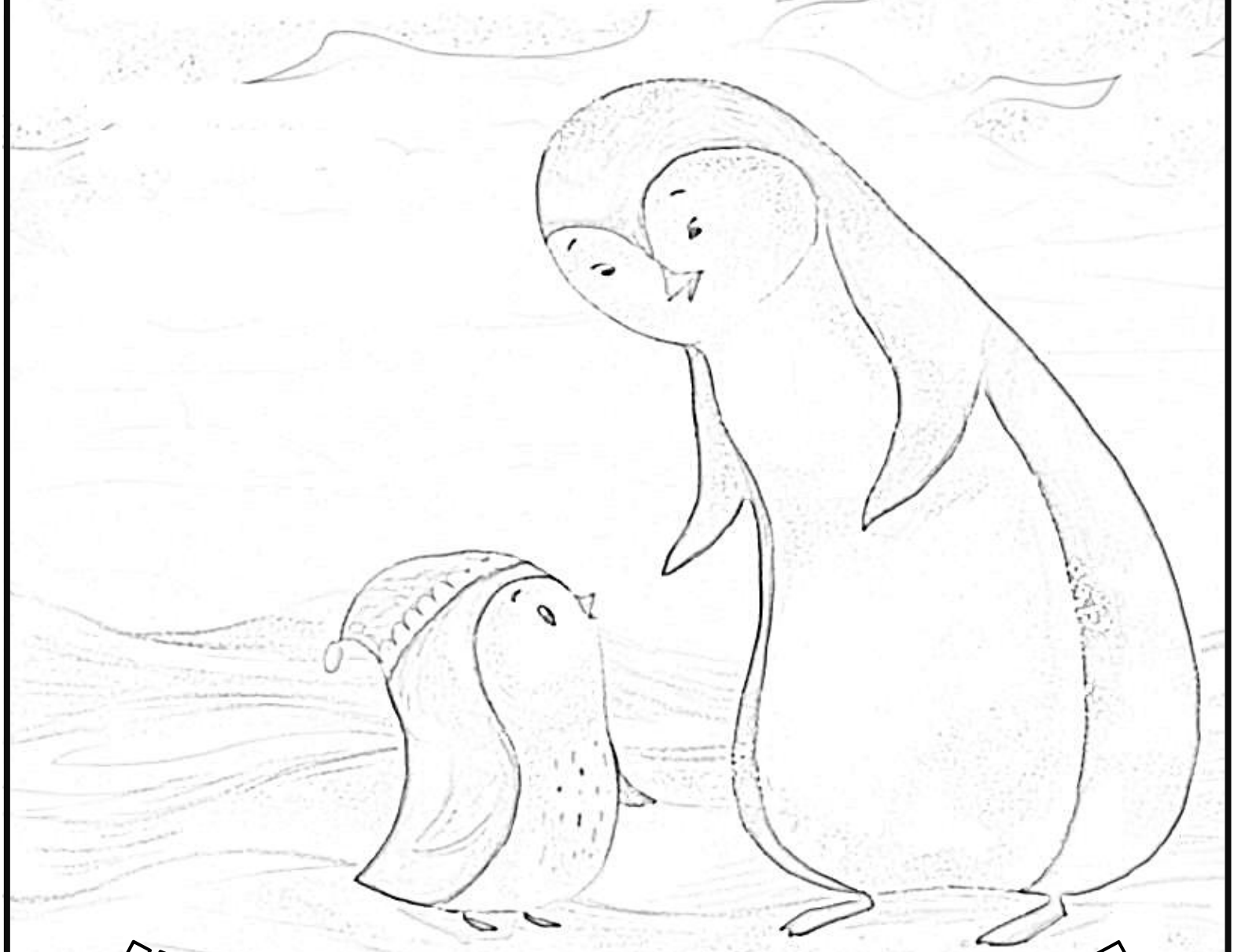
1. Copy the coloring pages on white copy paper for students to color.
2. Have students use their preferred art supply (crayons, colored pencils, or markers) to color and decorate the pages..



RESOURCES DESIGNED BY: the sunny side

Name: _____

TAKE A SLOW BREATH

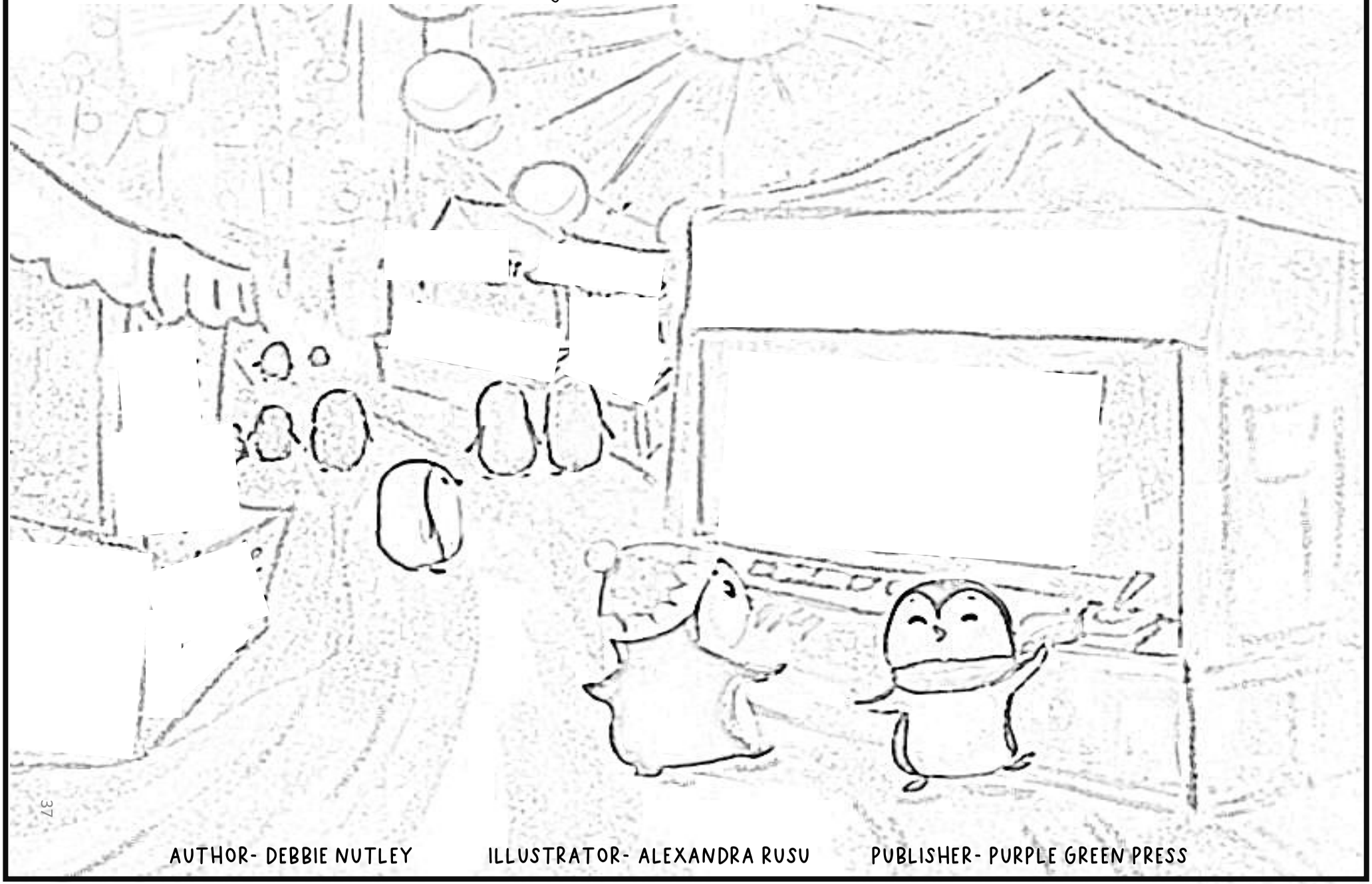


LIKE A GENTLE BREEZE

AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

Name: _____

Pengwee and Ruby had so much fun at the ice festival. Label the tents and draw what you'd want at a festival.



AUTHOR- DEBBIE NUTLEY ILLUSTRATOR- ALEXANDRA RUSU PUBLISHER- PURPLE GREEN PRESS

CREDITS PAGE

The author – Debbie Nutley

Debbie Nutley is a yogi and writer who loves kids. She began a personal path of yoga and meditation out of curiosity, and it soon became a lifestyle. Debbie became a certified meditation instructor and then turned her focus to young minds, becoming trained to teach mindfulness to children.

CONNECT WITH HER

The illustrator – Alexandra Rusu

Alexandra Rusu loves creating vivid worlds and characters from engaging stories and ideas that inspire her. Over time, she's developed a strong personal style where conveying emotions and energy is her main focus. Illustration fills Alexandra with child-like wonder, a feeling she always wishes to keep by her side.

THESE RESOURCES WERE DESIGNED BY MOLLY AT

the sunny side

EMAIL OR VISIT HER WEBSITE FOR MORE INFORMATION.

YOU MAY

- Use this item for personal use.
- Use this item in your classroom and with your students.
- Copy this item for your class and your students.
- Copy this item for your child and personal home use.

YOU MAY *not*

- Copy or modify any part of this document.
- Offer this document for sale.
- Post this item on a website (personal, school, or district) without permission.

THESE RESOURCES WERE DESIGNED BY MOLLY AT
the sunny side
EMAIL OR VISIT HER WEBSITE FOR MORE INFORMATION.